

by a medical practitioner authorised by the medical officer," &c. I do not think Dr. Bryan has grasped the fact that medical men, not being trained nurses, are therefore *not* "qualified" to teach nursing. Nor does he realise the trouble likely to follow the appointment of a "qualified" Superintendent Nurse who is not considered capable of instructing probationers. Such appointments and arrangements do not produce order and discipline.

It is good to notice that Dr. Bryan evidently does not believe in specialists entirely apart from a little general training, for I notice in the "requirements" for both mental and fever certificates candidates must be "qualified" nurses.

Also that one could finish one's training at twenty-three years of age, instead of, as now, only commence it.

Out of the criticism which I am sure Dr. Bryan's letter will call forth surely a working basis might be found; but I hope it will be one which raises the minimum standard for all "trained" nurses and will not increase the number of "qualifications."

Hoping my letter is not too long,

Believe me,

Dear Madam,

Yours faithfully,

M. BURR.

Hôtel Marie-Louise, Cannes, France,

#### THE UNQUALIFIED NURSE.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—So much has already been said about the "qualified nurse" that one might suppose little remains to be spoken. But seeing that no one, at present, is satisfied with the name chosen for this apparently necessary evil, may I be permitted to make a suggestion which should please all parties concerned. Why should not "unqualified nurse" fulfil this object?

The Local Government Board would still keep the title so dear to them, with a small addition to which they can scarcely object; the heads of training-schools will feel sure that no possible reflection can fall upon the profession or their manner of training for it, and the public will be thoroughly and at once enlightened as to the professional capacity of the women they propose to employ.

It would also have a stimulating effect on those taking up this branch of work, making them desirous to earn a more satisfactory certificate.

I remain, Madam,

Faithfully yours,

A QUALIFIED NURSE.

[We cordially endorse this suggestion.—Ed.]

### Comments and Replies.

*Certificated Nurse.*—You would find it advantageous to obtain experience in a private nursing home before taking up private nursing. This branch of nursing work differs in many ways from that in a hospital ward, and fully-certificated nurses often fail in private work not because of their lack of professional knowledge, but because they import into the sick-room in a private house the military routine and precision necessary in dealing with numbers in a hospital ward, but not suitable when the needs and legitimate fancies of one person have to be considered,

*Miss Edmonds.*—We should advise you to apply for membership of a private nursing co-operation in which the nurse-members are represented on the committee. We regard this point as essential in the management of all co-operations, but, unfortunately, there are very few societies adopting the name of co-operation which embody it in their regulations.

*A Member of the Public.*—All information concerning the arrangements and business meetings of the Society for the State Registration of Trained Nurses are published in this journal. We should suggest that you insist upon its being procured for you by your local newsagent. If you prefer it you can obtain it direct from the offices, price 6s. 6d. per annum, post free.

### Notice.

#### OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

### Meat Not a Necessity.

#### BETTER FOOD TO TAKE ITS PLACE.

Meat-eaters who are ailing in any sort of way might take a valuable hint from the following:—

A gentleman writes: "For a long time I steadily ran down because of an intense pain in my side, and also in the pit of my stomach. I was miserable, and everything I ate caused distress. I fell away from 13 st. 3 lb. to 10 st. 10 lb., lost ambition for work, was drowsy, and felt as tired in the morning as I did upon going to bed at night.

"I was a steady meat-eater three times a day for several years. Somebody told me that if I would change my diet and take Grape-Nuts fully-cooked breakfast food at two meals in the day I would improve. I made the experiment, and in less than two weeks began to improve very rapidly. My appetite came back, and I slept better than I had for months.

"I used Grape-Nuts both at breakfast in place of porridge and at lunch, and ate a little meat for dinner, but not much. I discovered that a few teaspoonfuls of Grape-Nuts would furnish more nourishment than quantities of meat.

"My improvement has continued, until now I weigh 14 st., which is a gain of about 46 lbs. in five months, and I feel in magnificent condition. Please do not publish my name if you use this letter, but I will gladly tell any person of the benefits received if addressed, stamped envelope is sent." His name can be given by Grape-Nuts Co., Ltd., Temple Chambers, E.C.

In these days, when the price of meat is advancing and has already reached a point which is almost prohibitive in many families, it is like a revelation to find that Grape-Nuts so largely fulfils the demand for a sustaining, invigorating food, and that at a very low price. A packet of Grape-Nuts, which can be purchased from grocers at 7d., contains fourteen portions. It is a concentrated food, and three or four teaspoonfuls with a little cream or milk (some use condensed milk) is sufficient at one meal,

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